

Strong In Spirit Seminar ©

– Outline –



The Description Of Being Strong In Spirit

Goals Of The Seminar

1. To teach you the #1 lesson in life is about living _____.
2. To help kick you into _____.
3. To teach you to compare yourself only to _____.
4. To help you defeat your _____ in order to live out your _____, not your _____.
5. To birth in you greater _____ to help you get out of your _____.

SIS #1 – G.S. Or S.S.

1. The three key Strong In Spirit passages are Luke 1:80, 2:40, Ephesians 3:16.
2. The Greek Word for 'strong' ('krataios') means _____.
3. Zechariah & Elizabeth, both _____ Christians – Luke 1:5-25.
4. Strong In Spirit believers are best described by Jesus in Matthew 11:12.

SIS #2 – Nine Qualities Of The Strong In Spirit Life

1. Thrive or _____, Flourish or _____ – John 10:10.
2. Major in the _____ instead of the _____ – Proverbs 29:18.
3. Get up after _____ – Proverbs 24:16.
4. Walk through conflict in _____ – Luke 4:28-30.
5. Storm the _____ – Matthew 16:18, Exodus 15:3.
6. Known both in _____ and in _____ – Luke 15:7, Acts 19:13-16.
7. Become _____ – Acts 4:29-31.
8. Move _____ and do the _____ – Matthew 17:20, Mark 9:23.
9. You learn _____, to _____ the pressure – Hebrews 12:1.

SIS #3 – The Two Word Definition Of Strong In Spirit

1. Boldness is an inner quality of confidence that produces courageous outward action.
2. Boldness ('parrhesia') in Greek means _____.
3. Boldness produces _____ – Ephesians 6:10-18, Daniel 11:32.
4. The completion of spiritual strength is – _____.
5. Fear is the opposite of _____ – Matthew 6:30, 8:26, 14:31, 16:8, 17:20.
6. The two word description of being Strong In Spirit is _____.

The Process Of Becoming Strong In Spirit

SIS #4 – Seven Ways To Overcome Fear & Become Fearlessly Bold

1. Realize that fear is your _____ (Listed 366 times).
2. Jesus is the _____ of your fear – Isaiah 53:3-5.
3. Fear is cured by _____.
4. Fear of God destroys _____ – Exodus 20:20.
5. Develop a _____ Fear Detector – 2 Corinthians 10:3-5.
6. _____ defeats fear – Romans 10:17.
7. Realize that fear is a _____. F-E-A-R is _____.

SIS #5 – Five Reasons To Become Strong In Spirit

1. Because God is _____ – Psalm 62:11-12, Isaiah 33:21, Mark 14:62.
2. Because you are being _____ – Ephesians 3:16, Romans 8:27,34.
3. Because your enemy is _____ (Greek, 'ischurou') – Matthew 12:29.
4. Because life _____ – Acts 14:21-22.
5. Because God _____ – Mark 12:30, Ephesians 6:10.

SIS #6 – Three Parts To Becoming Strong In Spirit

1. Know your _____ in life – Philippians 3:14.
2. _____ to your destiny – Philippians 3:13-14.
3. _____ to yourself – Philippians 3:10-11.
† Count the possible _____ of becoming Strong In Spirit – Phil. 3:8, Job 1.

SIS #7 – God, The Strengthener Of Your Spirit

1. Old Testament – Daniel 10:19, Isaiah 40:29, 2 Chronicles 16:9.
2. New Testament – Acts 9:31, 15:32,41, 16:5, Romans 16:25, 2 Timothy 4:17-18, 1 Thessalonians 3:2, 1 Peter 5:10.
3. God, the _____ of your spirit – Matthew 11:2-3, Luke 22:43-44, 1 Corinthians 2:3-7.

SIS #8 – Beware Identity Theft

1. The single temptation of Matthew 4:1-11 is _____.
2. The power of _____ – Proverbs 23:7.
3. _____ protects you from identity theft – Matthew 4:4,7.
4. Knowing the four things you are *not*...
† You are not your _____.
† You are not what the _____ says.
† You are not your list of _____.
† You are not how people _____.
5. Knowing who you *are* – Deuteronomy 7:6, 14:2, 26:18, Psalm 135:4, Malachi 3:17.

Christ – Our Strong In Spirit Model

SIS #9 – Christ Our Model #1

1. Becoming like Christ, in who the devil has _____ – John 14:30.
2. Koester's definition of a stronghold. *A stronghold is a mindset twisted by Satan's lies that allows a particular sin to operate and rule over an area of your life – either through defeat and resignation ("I'll never stop drinking, I'll always be a drunk"), rationalization ("It's not so bad...everyone else does it...I wouldn't have done it except he did it first...") or denial (it's a blind spot in your life you choose not to see).*
3. *Sin will take you farther than you expected to stray...for longer than you ever expected to stay...and cost you more than you ever expected to pay! (Genesis 4:7).*
4. Four reasons why we fight strongholds, not addictions...
 - † Addiction is a _____ concept.
 - † Addiction usually produces _____.
 - † Addiction is not true because your behavior is not _____.
 - † 'Addiction mentality' leads to the bad fruit of _____ and _____.
5. Naming the strongholds...
 - † Inner _____ – Isaiah 61:1.
 - † Bitter root _____ and _____ – Hebrews 12:15.
 - What you hate, you either _____ or _____.
 - † Sins of the _____ – Exodus 34:6-7, 1 Peter 1:18.

SIS #10 – Christ Our Model #2

1. Becoming like Christ happens fastest when we learn _____.
2. God's will is for us to become a _____ – Romans 8:29, 2 Corinthians 3:18, Galatians 4:19, Matthew 10:24-25, Ephesians 4:13, 24, 1 Corinthians 11:1, 15:49, 1 John 3:2, 4:17.
3. Becoming like Christ means becoming like Him in four ways...
 - † Like Christ in His _____ – Galatians 5:22-23, 1 John 4:16.
 - † Like Christ in His _____ – Isaiah 55:8-9, Matthew 5-7.
 - † Like Christ in His _____ – Luke 4:1,14, John 14:12, Acts 10:38.
 - † Like Christ in His _____ – Isaiah 61, Matt. 28:18-20, 1 John 3:8

Fear is...

- † *The truth is that fear is spiritual, emotional and mental slavery to a ruthless, irrational dictator who only plans to steal from you and kill or destroy anything good in your life – because when fear runs a life, it always ruins a life!*
- † *Spiritual terrorism is the planned, organized use of fear as a weapon to keep you from fully following God's plan for your life. Fear is a satanic form of power the devil uses to steal, kill and destroy you!*

The only purpose of life is...

To glorify God – by becoming like Jesus Christ and fulfilling your destiny on earth.