

Strong In Spirit Ministries

C.M. Transformation Ministry Testimony



www.stronginspirit.com

The first time that I heard about Transformation Ministry was at a Strong In Spirit Seminar. The Seminar showed me where I was at spiritually and where I needed and wanted to be. This was a year long answer to prayer and a cry of my heart! From going to the Strong In Spirit Seminar I knew that I also needed Transformation Ministry as well because I was full of fears – and fears of fears!

Though it was a bit of a challenge to answer the Transformation Inventory questions honestly and conquer the fears that Pastor Bruce would think I was too bad or too much to deal with, I wanted God's transformation more than anything in life. I had a lot of woundedness inside and was nearly out of hope, ready to give up on the dreams and callings God had on my life. I had let my flesh and the enemy rule me rather than fight them as I was so battle weary. I was angry, critical, and judgmental. I did not cry because it was not okay from my past to do so and I got sick when I did. In addition, I over-ate, over-talked and isolated myself as well as feared people's opinions to such an extreme that I kept my blinds closed so no one would see me or inside my house. I was depressed and I daydreamed to cope with avoiding the painfulness of reality and being alone. I hoarded things to protect myself, to keep me from feeling I lacked any necessary items and to make me feel worthy because I thought not having basic items meant you had no worth as a person. I would listen to music, watch TV, read books and talk on the phone to deal with the deafening silence and loneliness in my life.

All this caused me to shut down inside for the most part. I quit going to church except once here or there. I quit reading my Bible and strongly doubted whether the promises of God were available to me. I was disillusioned with God, church and myself. I shut down the spiritual gifts that He had given me for fear of not hearing Him correctly. I did pray and worship occasionally, but sporadically. I was drying up and dying inside. My personal walk with Christ was ineffective, as was my witness for Him. I hated me, my weight and my gender. The enemy told me to end it all but I knew I couldn't – I just wasn't able to do what I needed to do and needed help to get there.

God met me in Transformation Ministry. It was safe, not abusive and confidential – and I needed that as trust and safety have always been big issues for me. I learned through the ministry session that God really does want to set me free, and that His love is bigger than I ever knew. The ministry team was very sensitive to the Holy Spirit and sensitive to me and we went at a pace that I could handle. Through this, I began to learn to distinguish my thoughts from the thoughts and voices inside that the enemy used to speak his lies to me. I also saw my spirit-man rise up with anger and indignation at the demons who were keeping me down and captive in life, and I began to fight them and gain strength in my spirit. I also found that a lot of the things I thought were true were really lies – beliefs about my worth before God and other deceptions I

was repeating to myself. During the ministry session I was able to share things that I had told no one about before and that took a lot of trust – but I wanted healing and freedom more than my pride and secrecy.

While I felt drained by the end of the Transformation Ministry session, I also felt much lighter in body, soul and spirit. I can tell you that things have changed in me! I am smiling big smiles now – no more closed mouth smiles (because I was self-conscious of my teeth). I used to have trouble sleeping. Now I am getting deeper sleep. My blinds are open and I am able to sit in my living room in silence and be ‘settled’ before God. I can pray with sincerity for noisy neighbors and not be riled up inside if they don’t quiet down right away. My mind and eye sight are both clearer. I have literally had a heaviness taken out of my body and even my tongue, which was like having one’s tongue ‘un-numbed’ after leaving the dentist! Now I am waking up with worship songs in my heart and I am singing them throughout the day as well.

My best friend noticed immediately that my countenance was brighter and lighter – before I ever told her about what had happened to me! When I told her that I was also now crying freely and not getting sick like I used to, she was amazed and expressed her happiness for me.

I’ve finally got my hope back and have gotten through the spiritual impasse I was stuck in. I now have tools that I did not have before, and am stronger in my spirit than I ever thought possible. I am even planning to fly and visit a friend halfway across the states – how about that for one who was fearful of heights, risk-taking, and so many other things? Now I’m excited! While I still fight spiritual battles, I am winning them for a change and learning valuable things in the process. God has restored me, given me strength in my spirit-man, brought me into a deeper awareness of who I am in Christ, revived the dreams and calling on my life and bound me to my destiny.

People today are crying out for revival – but revival begins with seeking God to transform our lives. Is it time for you? Are you ready to have your life transformed? I hope so for your sake, as well as for the Kingdom of God. I’m so glad God met me and has done a mighty work inside me that will powerfully impact my future and my fruitfulness for Him!