

# Strong In Spirit Ministries

Transformation Testimony Of Susan



[www.stronginspirit.com](http://www.stronginspirit.com)

Greetings. My name is Susan and I most definitely have become a new person recently – my husband and kids can see it and friends have commented on hearing the new joy in my voice!

I had lived in so much pain and had tried everything over the years to get past the painful events of my childhood, but nothing worked until God led me to a ministry through which Christ set me free. I have been in therapy (all kinds) since I was 20 years old. Since I am now 50, for the last 30 years I have tried to get freedom from the pain of my youth, but without finding it. Although I learned some valuable tools through the counseling I received, I was never healed and set free from the anger, pain, sorrow, rejection, fear and a myriad of other emotions that had ruled me and plagued me for so very long.

Over the years, I tried many anti-depressants to ease the pain, but they never worked for me. I never felt strong enough to fight the spiritual battles going on in and around me. At times I couldn't get myself out of bed, and there were days I didn't even shower or brush my teeth. There were days and weeks and months that it felt like lead was running in my veins and I could hardly put one foot in front of another. I felt so beaten down and devoid of energy, I felt like giving up and often considered doing myself in. Although I didn't really want to die, I also didn't want to be here and keep on living like I was anymore. I prayed for a fatal illness so I could leave this place and go 'home!'

My depression would creep in so subtly, it was there overpowering me before I could take my first breath in the morning. I lived in fear of almost everything, I was paranoid and skeptical. I didn't know how to trust people or even God at times. I had horrible dreams and visions and felt like something bad was going to happen on a daily basis. I regularly imagined my children being put in some kind of danger, and any good thing in our lives came with thoughts of something horrific happening afterward – I just knew the phone would ring and someone would be telling me my kids or husband were dead.

Because of all this pain, I did radical things to try and cope – I would overeat and got very over-weight, I would drink to excess. I felt like there were no answers and no relief and I would have to live my life tormented and in deep despair. I took so many avenues looking for the relief I longed for, but just couldn't find it. Although there were a few times of fleeting relief here or there, they never stayed, which only brought me down even further. I would have given anything to be free and live the life God had promised us – but I couldn't ever 'get there.'

Then, through a series of miraculous events that begun with someone I didn't know having a dream about me needing help, God connected us and began the process of setting me free. The person who saw me in their dream told me very boldly that I needed some transformation ministry. I was skeptical because I had been to pastors and Christian counselors over the years without any progress or relief, but I was desperate and willing to try it. I had never heard of

Transformation Ministry before and was a little afraid of it – I thought it would be like ‘The Exorcist,’ but I was assured by my friends and Pastor Bruce (the one who led the Transformation Ministry) that it would be gentle and without theatrics or hysteria.

I filled out a questionnaire from Pastor Bruce going over the background and experiences of my life which was thorough and complete. A number of my friends, my husband and a good friend of mine, along with Pastor Bruce and his ministry assistant Kathryn, prayed for days in advance to get me ready for the ministry session. When they came to my house for the ministry, their work was definitely cut out for them!!

The experience of being healed and set free was beautiful. I thought I would be embarrassed by my past, but I was not – and believe me my life was messy!! The hearts of the people standing with me were so warm and loving, and there was no trace of judgment or condemnation. I could feel the Spirit with these people the moment they walked into my house.

As they ministered to me, I felt the things that had imprisoned me lift off. It was such an awesome feeling I can hardly put into words. It is light and airy and soft and gentle. It was an amazing and awesome experience. The inner healing and spiritual warfare we did won victory after victory for me over the many, many things that had tormented me nearly all my life.

Because of what Jesus did, I am now a free and joyful woman! I am no longer depressed and full of fear. I don’t have the nagging and negative (demonic) voices in my head speaking to me anymore. Instead, I have a peace and centeredness inside. I now look forward to life and the future, I am free!!! It’s amazing to me to walk without paranoia, skepticism and the desire for death. The only thing that died in me was the power Satan had over me!

I have the Holy Spirit living in me and He is now in control. I hear Him daily, even several times a day, and I have seen angels who are protecting me. I have also seen a vision of my purpose in life – to bring hurt and lost people to Christ. I have been given the double-edged sword of the Spirit and have been charged with God’s work to encourage those who need freedom to come to Jesus for it!

There *is* a way to freedom, and it is what God wants for each of us. He loves us so much and we have His promises to live a life of FREEDOM!! I encourage anyone to come for the healing of their inner wounds and deliverance from the enemy’s work in their life and allow the Spirit of God to move in you and do battle for you – to heal your broken-heartedness and set you free on the inside. He can and He will!

In His precious and holy name, Susan